

EXTERNAL EVENT OR CIRCUMSTANCE



My "Gut" Reaction
(Erethismos-inward irritation)
or what makes me "red hot"



I ignore my inner turmoil
(I Thessalonians 5:19-21)
I quench the Spirit; I stay busy with "good" things

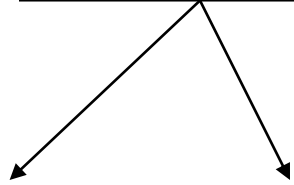
I stop, am still & listen
(Psalm 46:10 & 1Peter 5:6)
I humble myself under God's hand



My root sins are exposed:
Pride/Vainglory, Envy, Akeidia, Anger, Greed, Gluttony, Lust



MY CHOICE



I lift my eyes to the God who heals me; I yield to Him

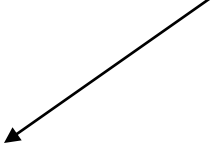
I ignore what God has revealed
(Matthew 19:16-26)
What "riches" am I holding onto?

I TURN TO THE CROSS
Psalm 121
Numbers 21:4-8
John 3:14-15



I live in my old nature:

- I am distant from God
- I try to do as much as I can in my own strength/apart from God



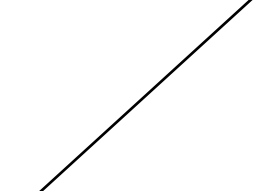
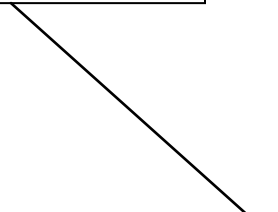
I am transformed into my new nature

- I am increasingly conformed to the image of Christ
- I yield the fruit of the Spirit



NO CHANGE IN MY HEART

I AM TRANSFORMED BY GOD



MY VISIBLE ACTIONS

CONFESSION

